

IN SUPPORT OF OUR TROOPS!

Staff Sergeant Aaron Belt and his platoon are proudly serving their second tour of duty in Iraq. Their unit has been deployed quite some distance from modern military conveniences like the PX, movie theater, dining facility....& even showers!

Below is a list given by SSgt Belt—requesting supplies that he and his fellow Marines are in need of. Items sent via USPS Priority Mail tend to arrive in the soldiers' hands in two to three weeks and ANY mail / packages sent will be truly appreciated!

- ⊗ **★Baby Wipes★ *Need Lots!***
- ⊗ **★Easy Mac★**
- ⊗ **Socks** - Hanes or Fruit of the Loom crewcut calf length
- ⊗ **Albacore Tuna**
- ⊗ **98% Lean Hormel Chicken**
- ⊗ **Chalulula Hot Sauce**
- ⊗ **Mrs. Dash Seasoning**
- ⊗ **Ramen Noodles**
- ⊗ **Q-Tips**
- ⊗ **Mach-3 Razor Blades**
- ⊗ **Toothbrushes**
- ⊗ **Toothpaste**
- ⊗ **Batteries AA & AAA**
- ⊗ **Shampoo**
- ⊗ **Bar Soap**
- ⊗ **5 gallon Solar Shower**
(camping section @ Wal-Mart)
- ⊗ **Foot Spray** Dr. Sholls or Tinactin - **NO FOOT POWDER!**
- ⊗ **Shaving Cream**
- ⊗ **Zantac 150**
- ⊗ **★Hamburger Helper★**
single servings "just add water"
- ⊗ **Reading Materials** - sports magazines, Time magazine, Newsweek magazine - *nothing area specific*
- ⊗ **PowerAid Powder** (small singles made for bottled water)
- ⊗ **Sunflower seeds**
- ⊗ **Phone Cards** - AT&T only
- ⊗ **5 or 10 pack of CDs or DVDs**
with hard cases so he can make a video diary to send back home
- ⊗ **Trashbags** - 20 gallon
- ⊗ **Ziplock Gallon Freezer Bags**
- ⊗ **Coffee** - brew kind
- ⊗ **Stationary & Envelopes**
- ⊗ **Bug Spray w/ Deet-**
the mosquitoes are bad!
- ⊗ **Deodorant**
- ⊗ **Cheap Can Openers**
- ⊗ **Movies** - DVDs
- ⊗ **Soup** Campbells, etc.
- ⊗ **Hard Candy** Individually wrapped, that won't melt

SSgt Belt, A. D.
India Co, 2nd PLT
Unit 41580
FPO AP 96426-1580



WE NEED YOUR HELP!!

★ EMERGENCY REQUEST FOR SUPPLIES FOR 3/7 LIMA COMPANY ★

Most of the Marines in this unit lost all of their personal property in a fire on July 15.

The next VMA shipment of supplies will be sent to this Marine unit, a "Sister Company" of India Company.

The following items are desperately needed immediately.....

Full-length crew socks

Briefs—all sizes

Deodorant

Toothpaste

Toothbrushes

Q-tips

How Can You Help Support the Troops?

- ★ Go shopping! Bring your items to the next VMA meeting and leave it on the stage or drop the items off at any of our four drop-off locations listed below. Volunteers will box & ship the items for you.
- ★ Make your own care package! Get a Flat Rate Postage box & Customs Form from the Post Office, fill it up, & ship it to Iraq. If you ship it on your own, please let the Marines know who you are and that you are a member of VMA!
- ★ Don't worry if you don't have time to go shopping! In fact, we REALLY need funds for postage!!! It costs \$8.95 to ship each box! We sent out nine boxes on June 19th and THIRTY boxes on June 30th thanks to the generosity of the VMA!!! There will be many more to send on July 27th & August 3rd. Please bring your postage donations to the meeting in cash, actual postage stamp for \$8.95, or check payable to Stacy Kennedy.

Drop-off locations:

Colleen Crawford
Prudential California Realty
6111 Johnson Court
Pleasanton, CA 94588
925.463.9500

Susan Diaz
Times-Up Termite
452 Whitney Street
San Leandro, CA 4577
510.568.7500

Roy Mills
Farmers Insurance
2120 Diamond Blvd #110
Concord, CA 94520
925.798.2300

Stacy Kennedy
Pacific Auction Exchange
5000 Hopyard Rd., Suite #202
Pleasanton, CA 94588
925.337.7767

✍ Mark your calendar for the following important dates! ✍

- ★ **Friday, July 27** — Emergency Relief Shipment for Lima Company. Please bring items from the list above to the VMA meeting or any of the four drop-off locations.
- ★ **Friday, August 3** — Card-Signing by VMA members (bring your own cards / letters or just come ready to sign a big group card). Volunteers welcome to stay & help stuff boxes with all of the donated goods!
- ★ **Friday, September 7** — Card-Signing by VMA members. (bring your own cards / letters or just come ready to sign a big group card). Volunteers welcome to stay & help stuff boxes with all of the donated goods!